## NAMA Toxicology Committee Report for 2010 North American Mushroom Poisonings

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## **Abstract**

In 2010, for North America, 76 mushroom poisoning incidents involving 93 people were reported to NAMA. There was one death from mushrooms where a previously ill elderly person died after a meal of *Amanita phalloides*. There was one death from repeated Taser® applications by police on an out-of-control subject under the influence of mushrooms. There was one case of kidney damage after consumption of *Amanita smithiana*. Most reports involved GI distress as a result of consumption of unknown or poisonous species (in 3/4 of cases) or individual sensitivity to an edible species (in 1/4 of cases). Fourteen reports of dogs ill after eating mushrooms included four deaths of the dogs. Two dog deaths were from having eaten *Amanita phalloides* and one dog death was due to having eaten *Lepiota subincarnata*.

During 2010, 76 incidents of mushroom poisoning involving 93 people were reported through the NAMA website and/or through our nationwide team of toxicology identifiers. One person's death was hastened by having consumed Amanita phalloides (Table III). The individual was elderly and not previously in good health, resulting in death within approximately 24 hours of having eaten the mushroom – far too fast for the mushroom to have caused significant liver and kidney damage or to have caused blood thinning, the two usual causes of death from amatoxins. Two other members of the same family also consumed the meal of Amanita phalloides but their poisoning progression was mild considering the mushroom that they consumed. The one other Amanita phalloides case also involved mild liver damage and a hospital stay of <5 days. Two cases involving Amanita ocreata and one involving Amanita bisporigera, or a look-alike, also involved hospital stays of under 5 days and mild liver damage. There were two other suspected amatoxin cases where the details are very sketchy. One involved a *Psilocybe* seeker who apparently consumed Galerina by mistake and may have suffered some liver damage. The other involved a small Lepiota species that looked a lot like L. rubrotincta. This last case will be written up after DNA work. The *Lepiota* case plus the reported death of a dog from *Lepiota subincarnata* (syn. josserandii) reminds people once again not to eat small species in the genus Lepiota.

Of the 84 people not involved in confirmed or suspected amatoxin cases, 58 consumed known poisonous mushrooms or mushrooms where the identification was unknown (Tables IV and V) and 26 consumed or mushrooms that are edible to most people (Table V). The age and sex distribution of the cases is given in Table II. The most serious of the non-amatoxin cases involved a woman who consumed an *Amanita smithiana*, after having been told that it was Matsutake. She suffered kidney problems but was successfully treated and did not require dialysis.

Consumption of raw mushrooms led to serious GI upset in several people. Two consumed Morels raw, one consumed a raw *Leccinum*, another a raw *Russula* and one person ate a raw *Pleurotus*. Nearly all of the *Chlorophyllum* cases involved munching raw mushrooms. Even consuming raw *Chlorophyllum rachodes* or *C. brunneum* is likely to cause distress. *Chlorophyllum molybdites* poisoning is much worse if they are eaten raw – even though *C. molybdites* makes most

people ill even if cooked. All mushrooms, even the sliced ones you see on salad bars, should be cooked before consumption. Mushroom cell walls are made of chitin which we cannot digest well without the aid of cooking. Many mushrooms also contain compounds that damage red blood cells (hemolysins) unless denatured by cooking. Because freezing only slows down but does not stop bacterial decay, mushrooms should be cooked prior to preserving in the freezer. Failure to cook mushrooms prior to freezing was the probable cause of one reported case of GI distress.

An entertaining story in the New York Times by a physician told how he picked and ate (raw) what he thought was the "Sweetbread Mushroom." He was going to complain about the fact that the Audubon field guide described the mushroom as "delicious" yet he found its flavor to be indifferent and the texture was rubbery. A rapid trip to the ER (where he was on staff) for an IV to deal with the effects of a racing heart, painful spasms in the back of the throat and profuse sweating, caused him to look more closely at the Audubon Guide and note the skull and crossbones by the adjacent "Sweating Mushroom" also known as the "Sweat Producing Clitocybe." He admitted to not being adequately observant. In this he was by no means alone. Another man with "40 years of collecting experience" consumed *Chlorophyllum molybdites* when he thought that he was eating his favorite *Volvariella speciosa*. *Amanita cf bisporigera* was consumed by a person who had identified the mushroom as the "Horse Mushroom."

One person began to feel ill from drying Matsutake – it is important the mushroom dryers be operated in well ventilated areas because the spores given off in the process can cause problems for some people. There was also the first formal report I have received of someone having GI distress after eating Matsutake. For every edible mushroom, there appears to be some people who are sensitive and get an upset stomach from eating it. Severe anaphylactic shock is rare, but there appears to be one case this past year involving *Laetiporus sulphureus* where the reaction was very severe. Several years ago there had been a death from shock after consumption of *Laetiporus conifericola*.

Consumption of hallucinogenic mushrooms can present serious problems when the altered state produces violent behavior and the police are called. There was one tragic outcome in Oregon last year. The death was attributed to *Psilocybe* mushrooms and psilocin was reportedly found in the urine of the victim. However, it is quite clear that the attribution was made to shield police from the fact that when pepper spray and control holds failed on the out-of-control subject, police repeatedly used a Taser. Even then, it took seven Taser shots before the person collapsed and quit breathing. No resuscitation effort was made until the EMT team arrived. The young man had taken hallucinogenic mushrooms and then sat down to watch "Alice in Wonderland." From the strength and berserker behavior of the individual, the mushrooms involved may also have included *Amanita pantherina* or possibly *Amanita muscaria*, both of which are associated with berserker behavior while such behavior is not typical of *Psilocybe* ingestion. Also, "Alice in Wonderland" reportedly tells the story of the effects of *Amanita muscaria*.

Another tragic outcome was attributed to a young man having consumed *Psilocybe* mushrooms in 2006, but to my knowledge there was no confirmation of what mushrooms he consumed, though psilocin was again reportedly found in his urine. Once again, the symptoms were more consistent with *Amanita muscaria* and *Amanita pantherina*. The case was presented in a poster session at the North American Congress of Clinical Toxicologists conference in Denver, October 10/7/2010 (French LK, Burton BT, "Liberty and Death," Oregon Poison Center, Portland, OR, USA):

A healthy 20-year-old-male reportedly ingested as much as 4 g of hallucinogenic mushrooms one evening (typical single ingestion is 1/8 g) prior to entering a sleeping woman's apartment. Upon awakening she demanded he

leave and a struggle ensued. Police were summoned to the home but the man became increasingly violent and failed to comply with their commands. He did not submit to multiple Taser discharges. Instead, he managed to pull out or break the wires and continue to struggle and attempted to grab the officer's pistol. After fleeing outdoors, additional attempts to subdue the man included nine beanbag rounds and additional Taser applications, all without effect. After attempted entry into a police vehicle containing a loaded rifle, the man was shot and killed.

In one case mentioned above, a young man apparently picked and consumed some *Galerina* thinking he had *Psilocybe*. Many years ago, a mistake like this cost another young person her life. There was one report of a "bad trip" from Hawaii where a young man consumed hallucinogenic mushrooms growing on a cow pie. These were most likely *Psilocybe cubensis* or a bluing tropical *Panaeolus*. In another case, a very young man suffered long-term depression and 3 months memory loss after consuming what was almost undoubtedly *Amanita pantherina*. His symptoms were consistent with this mushroom and when his mother showed him pictures of *Amanita pantherina*, he confirmed that those are the mushrooms he had consumed. He also became violent and exhibited strength beyond his years.

One frequent user of hallucinogenic mushrooms contacted Marilyn Shaw about loss of muscular control, inability to focus, balance, or stand followed by extreme fatigue lasting up to three days. This has happened to him on several occasions after consuming *Psilocybe azurescens*. He reported that other individuals had observed a similar effect from *Psilocybe cyanescens* and other *Psilocybe* species that grow in association with wood chips and river estuaries. Marilyn contacted both Paul Stamets and Dr. Andrew Weil and confirmed that there appears to be a neurological problem associated with these wood-associated *Psilocybe* species.

One incident involving *Boletus edulis* and "puffballs" that were actually *Amanita muscaria* caught Marilyn's attention due to the mildness of the symptoms. The wife had been concerned that the top of the "puffball" was roughened with a yellow layer below the surface (the tell-tale signs of *Amanita muscaria* buttons). Before cooking, she cut off the tiny developing caps of the grape-sized mushrooms. The husband consumed ½ cup of the mixed mushroom dish without adverse symptoms and the wife, who consumed ¼ cup, only vomited. Marilyn then did some investigation and discovered that the toxins, ibotenic acid and muscimol, are most concentrated at the colored layer, thus probably explaining the mild symptoms.

A young man made a "medicinal" tea from the black knot fungus on cherry trees plus some *Daldinia concentrica* when he had been unable to find any Chaga. After days of suffering gastric distress he called numerous mycologists and toxicology identifiers (giving a different name each time) seeking reassurance and worried that he done permanent damage to his liver. All of us advised that he seek medical help, but instead he continued to self-medicate with various herbal remedies, soon attributing success to milk thistle, chamomile tea and artichokes. One of his ideas was that the GI distress was symptomatic of liver problems and milk thistle would protect his liver. However, milk thistle extracts are not absorbed in the GI tract (which is why injectable Silibinin is used the experimental protocol to treat patients who are suffering amatoxin poisoning from certain toxic *Amanita, Lepiota, Galerina* and *Conocybe* species). There was also no evidence that his mixed fungus tea had caused any liver problems. Tim Geho pointed out to him that at some doses Chaga has caused muscle paralysis and that he should be careful – but he plans to continue to seek out Chaga on Birch trees in Pennsylvania.

In addition to the reports involving humans, there were reports from 14 dog owners about dogs becoming ill after the dogs ate mushrooms or were suspected of having eaten mushrooms

(Table VI). Four of the cases involved the death of the dog. Three of the dog deaths were due to amatoxins and in one case the mushroom involved was uncertain and death was so rapid that it might not have been a mushroom at all. There was also an inquiry from the owner of a goat herd wondering if several deaths in her herd might be attributed to mushrooms. However, the symptoms fit neither known mushroom toxins nor known toxic weeds. The only mushrooms the owner reported in her field were lots of puffballs.

Table I Principal Poisonous Mushrooms Affecting Humans in 2010

Mushrooms	# People	% Total
Amanita muscaria and A. pantherina	13	14.1%
Chlorophyllum molybdites, possibly other Chlorophyllum	9 <sup>1</sup>	10%
spp		
Amanita cf bisporigera, A. ocreata, A. phalloides	7	7.6%
Pleurotus cf ostreatus	4	4.3%
TOTAL	36	39%

<sup>&</sup>lt;sup>1</sup>The number of cases of *Chlorophyllum molybdites* is clearly under reported. Several individuals who do toxicology identification told the author of at least 15 additional cases that they did not report due to inadequate information.

Table II Age Distribution of Affected Humans

Age Range	Male	Female	Unknown sex	Male/Total	Female/total
				as %	as%
<14	4	3	3	4.3	3.3
15-29	12	6		13	6.5
30-44	4	8		4.3	8.7
45-59	11	10		12	10.9
>60	10	5		10.9	5.4
Unknown Age	10	6	1	10.9	6.5
TOTAL <sup>1</sup>	52	38	4	55.4	41.3

<sup>&</sup>lt;sup>1</sup>Male + Female % is <100% since there were four individuals where sex was unknown.

Table III Human Poisoning Details where Amatoxins were Suspected or Confirmed

Mushroom Details	When/	Sex/	Onset	Symptoms and Comments <sup>2</sup>
and ID Confidence <sup>1</sup>	Where	Age	(hrs)	
Amanita cf	7/31/10	М	12.5	Diarrhea, intestinal cramps, vomit,
bisporigera	MN	25		diarrhea, nausea, elevated LFTs. Hospital
"Thought to be a				4 days – IV fluids, oral & IV N-acetyl
horse mushroom"				cysteine, IV penicillin. No Silibinin
Amanita ocreata	2/14/10	М	?	Consumed 1 egg – liver markers went up
Had previously only	CA	?		for 2-3 days then started down; IV fluids,
eaten Chanterelles				N-acetyl cysteine, high dose penicillin
Amanita ocreata	2/26/10	М	6	Consumed 1 cap. Abdominal pain,
"Looked different	CA	76		nausea, vomit, diarrhea, slight
than usual but				hypertensive, slight liver enzyme
deemed close				elevation. Treatment IV Silibinin; drainage
enough to eat."				of bile; IV fluids
Amanita phalloides	~9/20/10	F	~12	Modest liver enzyme elevation &
	WA	~45		decrease in blood clotting. Silibinin used
				but already improving, released ~day 5.
Amanita phalloides	10/29/10	M, 2F	8-10	Diarrhea, intestinal cramps, vomiting,
Ignored a relative	OR	70+,		nausea, weak. Father ate 3 and DIED in 24
who warned they		72, 41		hrs (he had other health issues). Mother
were poisonous				& daughter came to hospital after the
				death, were given IV Silibinin – recovered.
Galerina?	11/2010	М	?	Specifics not available but fear of liver
Expected P.	ВС	?		damage. Two species of Galerina found -
cyanescens				mushrooms collected in wood chips
Lepiota cf rubrotincta	Summer	?	?	An apparent amatoxin poisoning. DNA
	2010 ON	?		work on fungus underway.

<sup>&</sup>lt;sup>1</sup>? = best guess; cf = looks like; no symbol = reliable ID from photo, etc.
<sup>2</sup>LFT = liver function tests. IV Silibinin = intravenous Legalon-Sil as part of FDA sanctioned IND.

Table IV
Human Ingestions of Known Poisonous Mushrooms

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Mushroom Details	When/	Sex/	Onset	Symptoms and Comments <sup>2</sup>
and ID Confidence	Where	Age	(hrs)	
Agaricus	9/17/10	F	1	Vomited and feeling "really sick" after
xanthodermus	ID	5		eating unknown amount raw in yard.
Amanita gemmata	?/?/09	M	Soon	Cooked several that tasted good but soon
mistaken for	CA	Adult		suspected the mistake and took oral milk
Amanita				thistle. Very unpleasant psychedelic trip +
calyptroderma				vomit, sweating. Unwell for over a month.
Amanita muscaria +	8/1/10	M,F	0.5 F	Cooked Boletes with wine and "puffballs"
Boletus edulis	CO	52,54	МОК	but trimmed off rough top with yellow
				layer (with most toxins). Wife vomited.
Amanita cf	3 or4/10	М	~1	One raw from yard then pale at dinner,
pantherina	WA	12		slept then vomit 3x, hallucinating, pupils
Months elapsed				dilated, spasms, violent. ICU anti-seizure
before revealing he				meds, improving next day but ongoing
had eaten mushroom				depression, 3 month memory loss
Amanita pantherina	3/19/10	2F	?	Mother ate about 10 mushrooms and
	OR	?, 19		wound up in ER, no details. Daughter who
				ate one mushroom only had GI distress .
Amanita pantherina	4/25/10	F,?	?	Child vomiting and diarrhea
	WA	?,3		Grandmother intubated in ICU
Amanita pantherina	4/25/10	M	-	Child took one bite – no symptoms but
	WA	<6		vomiting induced and rehydration
				therapy
Amanita pantherina	6/11/10	M	1	Vomiting after eating one 4" mushroom
	MT	61		to get high.
Amanita pantherina +	8/25/10	M,F	2.5	Husband and wife ate ½ cup each. Wife
"Agaricus augustus"	CO	?,71		most affected – loopy then fell out of bed
+ Unknown				and 10 hours later uncoordinated as was
				husband. He had strange dream for 1 hr –
				he had left the planet, could not get back.
Amanita pantherina	10/3/10	2M	?	Sweating, urinating, low BP. EMS found
But also cholinergic	MI	38,45		45-year-old vomiting, diarrhea, awake but
symptoms				unresponsive – given oxygen.
Amanita prairicola?	6/19/10	М	12	Abdominal cramping and vomiting.
White, prairie habitat	MT	56		Slightly elevated LFTs. Eastern Montana.
Amanita smithiana	10/24/10	F	?	Failing Kidneys. Treatment slowly
ID as T. magnivelare	OR	?		successful without dialysis.
Chlorophyllum	6/24/10	М	1	Fussy, had gas, twisting as if in pain. Bite
molybdites?	MI	1		marks in mushroom from grass.
<sup>1</sup> ? = hest guess: cf = looks lik	(a) na cumbal -	- roliable IC	from nho	to etc

<sup>&</sup>lt;sup>1</sup>? = best guess; cf = looks like; no symbol = reliable ID from photo, etc.

Table IV (Cont.)

Human Ingestions of Known Poisonous Mushrooms

8.4 alasa - D. t. ''	_			Constant of Constant 2
Mushroom Details	When/	Sex/	Onset	Symptoms and Comments <sup>2</sup>
and ID Confidence	Where	Age	(hrs)	No will be 440 (2h A) 5
Chlorophyllum	7/21/10	M	1.5	Vomiting (10x/2hr) after one bite of raw
molybdites	MI	15	2	mushroom from grass – gills greenish.
Chlorophyllum	7/26/10	M	,	Significant GI effects from consuming un-
molybdites	MN	Adult		determined amount raw. No treatment.
Chlorophyllum	8/4/10	M	<4	Consumed nickel or dime-sized piece raw.
molybdites	CO	63	_	Diarrhea, abdominal pain, nausea.
Chlorophyllum	8/23/10	M	0.5	Raw mushroom from roadside consumed.
molybdites suspected	HI	55		Severe abdominal cramps and vomiting.
Chlorophyllum	9/17/10	M	?	Critically ill in hospital. Thought he had
molybdites	KS	50+		eaten Volvariella speciosa.
Chlorophyllum	9/17/10	F	2	Consumed raw then tingling sensation,
molybdites or	MI	19		headache and nausea. Spore print color
C. rachodes				not determined.
Chlorophyllum	11/1/10	М	2	Severe GI. ID was "Shaggy Manes"
molybdites	ID	?		
Clitocybe?	Summer	М	1/4	Heart racing, painful spasms back of
Thought to be	NY?	52		throat, profuse sweat. IV fluids.
"Sweetbread				Wondered why taste was indifferent,
Mushroom"				texture disagreeable. No spore print.
Entoloma?	4/12/10	M,F	<b>¼ &amp;</b>	Nausea, vomiting, cramping from
rhodopolium?	HI	64,65	1	mushroom in the lawn
Leucoagaricus	9/15/10	F	3	Vomiting 3x pieces of mushroom in vomit.
leucothites	ID	1.5		LFTs normal. Photo ID
Leucoagaricus	9-28-10	М	<1	Consumed 1 cupful from lawn cooked in
leucothites?	MI	69		butter and vomited 1x.
Psilocybe azurescens	Multiple	М	6	Loss of muscular control unable to focus,
	OR	Adult		to close mouth, balance or stand; sleep;
				felt like squashed under tremendous
				weight; extreme fatigue for 3 days
Psilocybe sp	9/27/10	М	0.75	Abdominal pain after eating handful of
Susp P. cubensis	ID	19		dried <i>Psilocybe.</i> Panic
Russula sp, red cap,	7/27/10	F	8	One raw, then severe vomiting, diarrhea,
white stipe & gills	СО	31		cramps – "was studying <i>Russula."</i>
Scleroderma cf cepa	10/?/10	М	?	Severe GI. Mushroom ID from stomach
, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	OR	~75		contents.
Tricholoma sp	8/23/10	F	0.5	GI symptoms after eating 4 mushrooms.
cf pessundatum	CO	17		Actual specimens examined.
	(a) na symbol -			

<sup>? =</sup> best guess; cf = looks like; no symbol = reliable ID from photo, etc.

Mushrooms cooked unless specified otherwise.

Table V Human Ingestions of Unknown Mushrooms, Raw Edible Mushrooms, Reactions to Cooked Normally Edible Species & Miscellaneous Odd Cases

Mushroom Details and ID Confidence1When/ WhereSex/ AgeOnset (hrs)Symptoms and comments2Agaricus augustus5/27/10M,F2Small amount eaten. Couple both we intense GI distress, weakness lasting of the intense GI distress, weakness lasting days and (Portobellos)Agaricus (Portobellos)3 times WA?M,F Adults?Severe GI distress lasting days and requiring IV fluids and drugsAmanita pantherina or A. muscaria Thrown, not eaten~7/29/20 COF To Its Its ApiosporinaCO15 Its <b< th=""><th>days. d ed</th></b<>	days. d ed
Agaricus augustus5/27/10M,F2Small amount eaten. Couple both wintense GI distress, weakness lasting of intense GI distress, weakness lasting days and (Portobellos)Agaricus (Portobellos)3 times WA?M,F Adults?Severe GI distress lasting days and requiring IV fluids and drugsAmanita pantherina or A. muscaria Thrown, not eaten~7/29/20 COF T5~15 Tash on arms, legs and face soon loog like acne. Had grass allergies	days. d ed
OR 60s intense GI distress, weakness lasting of Agaricus 3 times M,F ? Severe GI distress lasting days and (Portobellos) WA? Adults requiring IV fluids and drugs or A. muscaria CO 15 rash on arms, legs and face soon loom like acne. Had grass allergies	days. d ed
Agaricus (Portobellos)3 times WA?M,F Adults? requiring IV fluids and drugsAmanita pantherina or A. muscaria Thrown, not eaten~7/29/20 COF 15~15 rash on arms, legs and face soon looglike acne. Had grass allergies	ed
(Portobellos)WA?Adultsrequiring IV fluids and drugsAmanita pantherina~7/29/20F~15Gill impact outlined in red on leg. Ror A. muscariaCO15rash on arms, legs and face soon looThrown, not eatenlike acne. Had grass allergies	ed
Amanita pantherina ~7/29/20 F ~15 Gill impact outlined in red on leg. R or A. muscaria CO 15 rash on arms, legs and face soon loo like acne. Had grass allergies	
or <i>A. muscaria</i> CO 15 rash on arms, legs and face soon loo Thrown, not eaten like acne. Had grass allergies	
Thrown, not eaten like acne. Had grass allergies	
Apiosporina 12/31/10 M ? Made tea from the two black fungi w	
	hen
morbosa + Daldinia MD ? Chaga could not be found. Stomach is	sues
concentrica for 3 days. Feared long-term damag	e.
Armillaria cf 9/27/10 M NA A panic attack, not an allergic reacti	on.
solidipes WA Adult Not confident of ID so went to ER	
Armillaria solidipes 10/9/10 M 4.5 Vomiting and nausea.	
(= A. ostoyae) ON 40-60	
Auricularia ~3/11/10 M 48 Noticed bleeding very hard to stop af	er a
TN? ? minor cut. No problems cut a week la	ter.
Cantharellus spp Multiple F ? Upset stomach, malaise, cramping al	vays
OR ? now after eating <i>Chanterelles</i> for ye	ars.
Cantharellus sp 10/27/10 F ? GI distress from slimy older Chantere	lles.
OR ? Not well before meal either.	
Chlorophyllum 10/1/10 M 3-4 Vomiting and feeling awful after eating	ıg 2-
rachodes WA 20s 3 very large caps (8-12").	
Coprinopsis 8/16/10 M 3+ Consumed 4 beers after meal. Vomit	ing,
cf atramentaria CO 31 diarrhea, mild heart palpitations.	
Lactarius sp 8/6/10 M 3 Salivating, vomited 3x, diarrhea.	
(white) NC ? Recovered in 1 hour	
Laetiporus 8/1/10 F Rapid Cooked tender young mushroom a	
cincinnatus NJ Adult after few bites face puffed red, fast p	
trouble breathing (for days). Steroi	
Benadryl. Rest of family unaffecte	b
Laetiporus 10/29/10 F 1.5 Vomiting and nausea after second me	al of
sulphureus CA 53 day. Second person queasy. Prime yo	ung
material	
Leccinum sp 8/17/10 F 1.25 Consumed one 2" raw specimen.	
CO 58 Abdominal pain and diarrhea	

<sup>&</sup>lt;sup>1</sup>? = best guess; cf = looks like; no symbol = reliable ID from photo, etc. <sup>2</sup>Mushrooms cooked unless otherwise specified.

Table V (Continued)
Human Ingestions of Unknown Mushrooms, Raw Edible Mushrooms, Reactions to Cooked
Normally Edible Species & Miscellaneous Odd Cases

Mushroom Details	When/	Sex/	Onset	Symptoms and comments <sup>2</sup>
and ID Confidence <sup>1</sup>	Where	Age	(hrs)	, ,
Morchella cf	5/2/10	F	0.3	Consumed 1 raw morel. Nausea, diarrhea
esculenta	MI	34		(3 days), vomit, hypotension,
"Yellow Morel"				hypothermia. Given Zofran, IV fluids,
				Imodium
Morchella sp	5/17/10	М	1	Consumed raw. Vomiting
"Black Morel"	MT	52		
Morchella	Summer	M	?	Severe GI plus bloody stools after eating
tomentosa	2009 WY	~25		2x in one week. Eats lots of morels.
Pleurotus	2/19/2010	F	?	Mouth tingled and threw up from one
(from a kit)	WA	~20?		raw mushroom.
Pleurotus?	7/25/10	M,F	7	Both awoke with cramps, watery then
At base of Aspen	CO	?, 53		bloody diarrhea.
Pleurotus +	10/20/10	F	24	Chills, diarrhea, dizzy, cramps, sweating,
Coprinus comatus	СТ	?		disorientation, nausea, weak, headache.
Russula cf rosacea	10/2010	F	NA	An anxiety attack after eating recently
	OR	?		pickled <i>Russula</i> buttons.
Suillus sp?	5/13/10	F	1.5	GI distress. Mushrooms could not be
Definitely a Bolete	MI	>50		identified from photos – looked viscid.
Tricholoma focale	9/7/10	M	1-2?	Severe GI symptoms all night after 2 slices
	CO	53		mistaken for Matsutake. Cooked or raw?
Tricholoma	10/10/10	F	?	GI distress.
magnivelare	OR	?		
Tricholoma	10/28/10	M	NA	Feeling ill from drying Matsutake
magnivelare	OR	?		presumably with inadequate ventilation.
Tuber gibbosum	2/8/10	F	6.5	Stomach queasy, diarrhea (4x), later
	ID	50+		fainted (3x), felt cold. Consumed brie
				infused/odor of truffle, no direct contact.
Amanita muscaria or	4/10/10	M	NA	Became combative and destructive,
pantherina? Death	OR	24		stripped, ran smashing furniture & glass ½
attributed to				mile away, blood covered. Unstoppable
Psilocybe but Death				with pepper spray and first several Tasers.
due to Taser 7x				Collapse, no attempt to resuscitate.
Mixed - Boletus,	8/23/10	2M,F	1	Vomiting and later diarrhea. Agaricus
Russula, Agaricus,	СО	7, 40,		with white, smooth cap ID was incorrectly
possibly <i>Leccinum</i> 1? = best guess: cf = looks l		40		A. augustus. Also a Blue-staining Bolete.

<sup>&</sup>lt;sup>1</sup>? = best guess; cf = looks like; no symbol = reliable ID from photo, etc.

<sup>&</sup>lt;sup>2</sup>Mushrooms cooked unless otherwise specified.

Table V (Continued) Human Ingestions of Unknown Mushrooms, Raw Edible Mushrooms, Reactions to Cooked Normally Edible Species & Miscellaneous Odd Cases

Mushroom Details	When/	Sex/	Onset	Symptoms and comments <sup>2</sup>
and ID Confidence <sup>1</sup>	Where	Age	(hrs)	Symptoms and comments
Unknown	1/23/10	M	2 hr?	Hallucinating from "Death Caps" to
Hallucinogen	CO	19		commit suicide. Friends grew them. One
Psilocybe cubensis?	66	13		green and moldy, one tan and bluing
Unknown	7/28/10	М	6	Arrived at Medical Center apparently on
Hallucinogen	7,20,10 HI	Young		bad trip and acting squirrelly after
Psilocybe cubensis?		Adult		unknown number from cow pie.
Unknown (Gills	8/2/10	M, F,	0.5	Severe vomiting, nausea, diarrhea and
white and free)	CO	2C	0.5	chills. Seven mushrooms had been
writte and free)	CO	12,8		cooked and shared by family of 4.
Unknown	8/15/10	?	?	Vomiting after eating three mushrooms
Olikilowii	6/13/10 MI	8		from yard.
Halmanua Had bag	8/29/10	M	0.5	•
Unknown? Had bag of dried <i>Amanita</i>	6/29/10 CO	66	0.5	Drooling, hyperactive, sweating, altered
	CO	00		mental state. Normal reactive pupils.
pantherina	0/14/10	N 4	2	Symptoms a bit odd for <i>A. pantherina</i>
Unknown pos.	9/14/10	M	?	Consumed 1 raw from grass. Vomiting
Agaricus	MI	Adult		and diarrhea, overnight in ER.
Unk. misidentified	10/10/10	F	2.5	Consumed with wine. Nausea, vomiting
White Chanterelles	ID	63		(3x). Poor photos showed 2 species.
Mixture purchased	10/12/10	F	4	Severe vomiting with blood after meal
at farmer's market	MT	32		with wine.
Mixed Frozen Raw	10/20/10	M,F	1 (F)	Vomiting (2x), diarrhea. Mushrooms had
"brown-caps," 2 spp	CO	28,27	9 (M)	been frozen & cooked later. Gills brown.
Unknown LBMs	10/29/10	М	2	Thought he had <i>Psilocybe</i> and ate one to
	WA	16		be sure before selling them. Repeated
				vomiting. Given activated charcoal.
Phalloidin (chemical,	4/6/10	F	5	Scientist was staining slides, removed
not a mushroom)	MT	41		gloves - severe nausea, diarrhea

<sup>&</sup>lt;sup>1</sup>? = best guess; cf = looks like; no symbol = reliable ID from photo, etc.
<sup>2</sup>Mushrooms cooked unless otherwise specified.

Table VI Mushroom Poisoning in Animals

Mushroom Details		Animal	Onset	Symptoms and Commonts
	When/			Symptoms and Comments
and ID Confidence	Where	/Age	(hrs)	Dog on looch consumed 4 months of
Agaricus	10-26-10	Dog	2	Dog on leash consumed 1 mushroom
xanthodermus	NV		-	from lawn. Vomit (4-5x).
Amanita muscaria?	10/26/10	Dog	,	Fever, disorientation, weakness, 3
A. pantherina? or?	NC	5		seizures in 12 hr, loss muscle control. Not
				expected to survive but home in 48 hrs.
Amanita pantherina	3/22/10	Dog	?	Symptoms not available. Sedated with
	WA	?		valium, anesthetized for gastric lavage
Amanita pantherina	4/23/10	Dog	1-2	Consumed 1/3 cap; vomiting, lethargic,
	WA	10 wk		shivering, slowed stimuli response
Amanita phalloides	8-14-10	Dog	5.5	Vomiting, diarrhea, liver enzyme levels
	CA	6 mo		skyrocketed. IV fluids, cerenia, DEATH.
Amanita phalloides	11/6/10	Dog	6-10	Chills, fever, diarrhea, intestinal cramps,
	CA	3 mo		vomit, nausea, weak. IV drip, dextrose,
				anti-nausea. DEATH
Amanita subcokeri	9/12/10	Dog	?	Kidney failure, mucous and blood in stool.
(assuming a	CT	?		Many species in yard including suspect
mushroom involved)				mushroom but no evidence dog ate any
,				mushroom. Dog slowly recovered
Inocybe sp	4/22/10	Dog	?	Vomit, diarrhea, watery eyes.
	BC	Pup		Rehydrated.
Lepiota subincarnata	Summer	Dog	?	Dog DIED.
,	2009 OR	8 mo		Ğ
Panaeolus foenisecii	10/25/10	Dog	?	Vomiting. Given IV fluids.
	CA	3 mo		
Phallus sp?	8/31/10	Dog	0.5	Dog vomited. Girl, 1, also ate a nickel
A stinkhorn	СО	?		sized piece but no symptoms.
Pholiota destruens	12/2/10	Dog	?	Dog gnawed old dried specimen. Later
suspected	MT			digestive upset and blood clotting
·				problems. Was the mushroom the cause?
Scleroderma cf cepa	10/29/10	Dog	1.5	Consumed ½ mushroom then repeatedly
	NV	4 mo		seemed to want to vomit.
Unknown	11/10/10	Dog	1/4	Vomiting. DIED at vet 2 hours later.
Mushroom in vomit	WA	Adult		Photos of probable Galerina, Cortinarius
Unknown,	Spring	Goats	?	Several deaths unlike any known
Mushrooms unlikely	2010 WA			mushroom toxin or noxious weed.
Puffballs concerned				Puffballs abundant. Symptoms brain
herd owner				swelling, incoordination, temp blindness.
<sup>1</sup> ? = hest guess: cf = looks l		المادامة	. <b>.</b>	·

<sup>&</sup>lt;sup>1</sup>? = best guess; cf = looks like; no symbol = reliable ID from photo, etc.